Sample Disclaimer Template

# Disclaimer

Our Disclaimer was last updated on [DATE]

## Interpretation and Definitions

### Interpretation

The words of which the initial letter is capitalized have meanings defined under the following conditions. The following definitions shall have the same meaning regardless of whether they appear in singular or in plural.

### Definitions

For the purposes of this Disclaimer:

* "**Company**" (referred to as either "the Company", "We", "Us" or "Our" in this Disclaimer) refers to [COMPANY\_INFORMATION]
* "**Service**" refers to the Website.
* "**You**" means the individual accessing the Service, or the company, or other legal entity on behalf of which such individual is accessing or using the Service, as applicable.
* "**Website**" refers to [WEBSITE\_NAME], accessible from [WEBSITE\_URL]

## Disclaimer

The information contained on the Service is for general information purposes only.

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In no event shall the Company be liable for any special, direct, indirect, consequential, or incidental damages or any damages whatsoever, whether in an action of contract, negligence or other tort, arising out of or in connection with the use of the Service or the contents of the Service. The Company reserves the right to make additions, deletions, or modifications to the contents on the Service at any time without prior notice.

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Use of the advice and information contained herein is at your sole choice and risk. You should not rely on this information as a substitute for, nor does it replace, professional medical advice, diagnosis, or treatment. Always consult your physician or healthcare provider before beginning any nutrition or exercise program.

If You choose to use this information without prior consent of your physician, You are agreeing to accept full responsibility for your decisions and agreeing to hold harmless the Company.

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You should assume that some of the links are "affiliate links", a link with a special tracking code.

This means that if You click on an affiliate link and purchase the item, the Company may receive an affiliate commission. This is a legitimate way to monetize and pay for the operation of the Service and the Company gladly reveal its affiliate relationships to You.

The price of the item is the same whether it is an affiliate link or not. Regardless, the Company only recommends products or services the Company believes will add value to users.

Affiliate advertising programs that the Service uses are:

[LIST]

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## Contact Us

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* By sending us an email: [WEBSITE\_CONTACT\_EMAIL]